



FIGHT FOR LIFE SEMINAR



Every officer, no matter their years of service, will be engaged in a physical encounter that may jeopardize their LIFE; and it is the gear they wear that could cause them to fail or assist them in winning.

The "**FIGHT FOR LIFE!**" seminar will focus on just that, perfecting your ability to survive a physical assault on your life when confronted with a combative and violent subject(s). We will address the mental and physical conditioning needed to "**WIN**" the fight both in the street and in the courtroom, and how the right gear plays a very important role and responsibility in these high risk encounters.

The itinerary for this seminar will focus on how to manage short burst of energy using anaerobic conditioning tactics and control that is needed to go the distance when your life is on the line and combining gross motor skills in handling these violent attacks on officers.

- Building Hand and Eye Coordination
- Hand Speed
- Power Development
- Tactical Combinations
- Officer Survival Exercises
- Handgun Drills (Using 21st Tactical Air Soft Pistols)
- Mini-Confrontation Drills
- Ground Combat Tactics
- Edged Weapons Defense
- Deployment Options for Edged Weapons
- Firearm Survival Training (What to do if the gun is pointed at you!)
- Much more!

Duration: 2 Days

Date: July 27 – July 28

Location: American Police Hall of Fame & Museum
6350 Horizon Dr, Titusville, FL 32780

Tuition: FREE

State: Florida

Special Note: This Fight for Life Seminar is sponsored by Uncle Mike's Law Enforcement specifically for agencies to understand how vital the right gear is and the lives it will save!

Equipment Required: Clothing and footwear for defensive tactics instruction, with duty belt and holster, training weapons, inert aerosols, body armor, impact weapon, protective equipment, groin protection and mouthpiece.

Contact Rick Branom at: 407-616-8682